



Learning happily together

Lowe's Wong Infant School

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Wednesday, 31 January 2024

Dear Parents and Carers,

Thanks to everyone who came to the FSA meeting last week, the group have already come up with some great ideas for fundraising events, so look out for information in future newsletters.



Children's Mental Health Week

This year Children's Mental Health week is from 5th to 11th February, and the theme is '**My Voice Matters**'. 'My Voice Matters' is about empowering children and young people by providing them with the tools they need to express themselves. When we feel empowered, there's a positive impact on our wellbeing. Children who feel that their voices are heard and can make a difference have a greater sense of community and self-esteem. This year, we want children of all ages, backgrounds and abilities to be empowered to work together to create a positive change for their mental health and wellbeing. During Children's Mental Health Week, we want all children and young people to be able to say – and believe – "My Voice Matters."

With this newsletter is some information for families about Children's Mental Health Week.



Safer Internet Day 2024

Safer Internet Day 2024 is on 6th February. The theme this year is "**Inspiring change? Making a difference, managing influence and navigating change online**". The aim of the theme this year is to encourage children to consider:

- Their perspective on new and emerging technology
- Using the internet to make change for the better
- The changes young people want to see online
- Things that can influence the way young people think, feel, and act both online and offline

More information is available here: [Parents and carers - UK Safer Internet Centre](https://www.saferinternetday.org/parents-carers)

Finally, with this newsletter there is the information about Children's Mental Health Week and a flyer from Southwell Methodist Church about their "Pancake Praise Party".

Thank you for your continued support,

AE Speed

Aly Speed
Headteacher



Artsmark
Silver Award
Awarded by Arts
Council England

