

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

1

OPTION 2

2

VEGGIES



FILLED ROLLS



SWEET TREATS



Cheese & Bean Lasagne



Margherita Pizza & Wedges



Vegan Lentil & Stuffing Pastry Roll



Vegan Bolognaise & Penne Pasta



Vegan Vegetable Nuggets & Chips



Ham & Cheese Pasta

Traditional Creamy Beef Lasagne



Roast Gammon with Roast Potatoes & Gravy

Sweet & Sour Chicken & Rice



MSC Approved Fish Fingers & Chips

Carrots & Peas



Broccoli



Roasted Carrots & Parsnips



Peas



Beans



Ham Cheese

Chicken Egg

Ham Cheese

Tuna Mayo Cheese

Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

Blueberry Cookie Bar



Chocolate & Banana Brownie



Strawberry Yoghurt & Strawberry Sauce



Apple & Cocoa Sponge



Raspberry Jelly



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian

Vegan

Added Wholewheat



Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

1

OPTION 2

2

Margherita
Pizza & Wedges



Vegan Sausage with Mashed
Potatoes & Gravy



Vegan Cottage Pie &
Gravy



Cheesy Cauliflower
Pasta Bake



Tex-Mex Vegetable
Fajita Wrap



MSC Approved
Salmon Pasta Bake



Pork & Beef Sausage,
Mashed Potatoes & Gravy

Roast Turkey with
Roast Potatoes & Gravy

Mild Caribbean Chicken
Curry & Carrot Rice



MSC Approved
Fish & Chips

VEGGIES



Peas



Carrot
& Peas



Broccoli &
Cauliflower



Carrot &
Mixed Salad



Baked
Beans



FILLED ROLLS



Tuna Mayo
Cheese

Chicken
Egg

Ham
Cheese

Tuna Mayo
Cheese

Egg
Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Strawberry
Mousse



Oaty Apple
Crumble & Custard



Original
Flapjack



Chocolate &
Carrot Muffin



Raspberry Jelly
& Mandarins



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice 

Vegetarian 

Vegan 

Added Wholewheat 



Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION

1

Mixed Vegetable & Bean Fajita & Oven Baked Wedges



OPTION

2

Chicken Pie with Mashed Potatoes & Gravy

Vegan Bolognaise Ragù Penne Pasta



Vegan Roast Quorn Fillet With Roast Potatoes & Gravy



Baked Creamy Mac 'N' Cheese



Vegan Sausage Roll & Chips



Beef Bolognaise Penne Pasta



Roast Chicken with Roast Potatoes & Gravy

Creamy Chicken Curry & Carrot Rice



MSC Approved Fish Fingers & Chips

VEGGIES



Peas & Carrots



Sweetcorn



Broccoli & Peas



Carrot & Mixed Salad



Beans



FILLED ROLLS



Ham Cheese

Chicken Egg

Ham Cheese

Tuna Mayo Cheese

Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Strawberry Yoghurt & Strawberry Sauce



Mixed Berry & Apple Crumble with Custard



Orange Jelly & Mandarins



Gingerbread Squares with Custard



Garden Brownie



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice 

Vegetarian 

Vegan 

Added Wholewheat 

